

Prioritising Time at Workplaces

優先考慮工作時間

Date : 13 October 2022 (Thursday)

Time : 4:00pm – 6:00pm

This course will be delivered in Cantonese.

Course Outline:

The future of work is going to be more complex and ambiguous. The way we work and where we work will also be impacted as we see an increase in flexible and remote working. Instead of striving for work-life balance, many of us will look to create an effective work-life integration where we can manage the demands of life alongside the demands of work. This kind of uncertainty can make it difficult to prioritise and re-prioritise all aspects of our life.

This workshop helps learners to identify and understand their own personal priorities, and provides practical tips for improving productivity:

- Prioritisation
- Setting objectives
- Setting effective habits

Speaker:

Ms. Angela Tang

Angela Tang brings a wealth of HR experiences working with European, American and Japanese multi-nationals. Her latest in-house appointment was HR Director of a renowned US-based semiconductors company overseeing Asia Pacific region, where she gained reputation of building high-performance culture and delivering results. She worked intimately with the client departments, and has led the Asia Pacific employees through multiple Mergers & Acquisitions and Divestitures in such a diverse and volatile industry while maintaining low attrition and high momentum. She was identified the star performer of the company in consecutive years. Angela has designed and delivered training programmes to over a thousand staff force across Asia with particular significance in China and Taiwan. She carries a Master degree in General Business Administration from the University of Hull in London. She is a member of the British Psychological Society and a licensed administrator of psychometric testing.